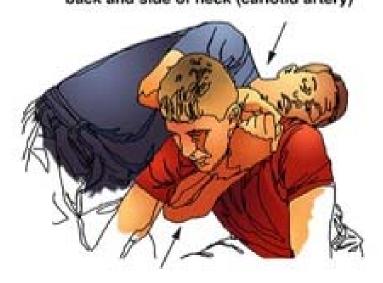
The KOLAT (SIDE 3/4 NELSON CHOKE-HOLD)



From mat, Wrestler "A" reaches over the neck and under the arm pit of Wrestler "B" and locks hands.

Wrestler "A" snaps down
 which creates pressure against
 back and side of neck (cariotid artery)



Head official should move in and drop his level and Say "keep it legal"



stop for Potentially Dangerous



 Wrestler "A" pulls Wrestler "B"s head down stop immediately, for ILLEGAL and penalize accordingly.

If Wrestler "A" turns
Wrestler "B"to his back—
this will be illegal
pressure against side of
throat—stop immediately.
Penalize accordingly.

